



31 MARCH – 8 APRIL 2023

BALI: NURTURE SELF

Take a Healing Journey Inward in One of the Most Serene & Peaceful Spots in the World

The energy of Bali is like no other – cleanse yourself in a water purification ritual, take a sunrise trip up the Mount Batur volcano, visit the sacred Uluwatu Temple and get nourished with healing spa treatments. Take time to be in a place that encourages you to reconnect with and nurture your soul.

Your gift to self includes all accommodation at 3*/4* hotels, all transfers including boat to Gili Air, breakfasts and activities listed. We will stay on the beach in Jimbaran Bay, 4 nights in Ubud, 2 on Gili Air and 1 night in Kuta to round out the trip.

- A\$1,820 per person in a single room
- A\$1,460 per person sharing and booking with a friend

There are just 8 spots, so a refundable deposit of A\$300 secures your spot with full payment due by 28 Feb 2023 and no refunds thereafter.

**A guided trip to
Bali's hidden
gems**

**Multiple healing
treatments**

**Hand-picked
accommodation**

**2 nights on the
paradise island of
Gili Air**

**Nurture your
body, mind and
soul**

WHOLESOUL HEALING

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Activities included:

- 2 Spa treatments of your choice
- Water purification ceremony
- Cacao ceremony (or similar)
- Mount Batur sunrise & natural hot springs trip
- Uluwatu Temple
- Rice paddy walk
- Visit Pyramids of Chi

We will be staying at: Jimbaran Bay Beach Resort & Spa, Aura Ubud, Jago Gili Air, Vira Bali

Not included:

- Flights to/from Bali
- Lunch/dinner /snacks – food in Bali is very affordable
- Additional optional activities on offer e.g. yoga at Yoga Barn, a healing treatment with Master Ketut (please advise if you'd like this very far in advance to secure a spot as its difficult to get in, \$100), snorkeling etc. on Gili Air.
- Airport transfers if you don't arrive on 31 March and depart on 8 April 2023.
- Your personal travel insurance
- Bali visa - <https://bali.com/bali/bali-visa-indonesia-entry-regulations/>

Any questions? Don't hesitate to contact me.

I look forward to sharing some of Bali's magic with you!

Sue

